

9th St George Hospital

Renal Supportive Care Symposium

Thursday July 5th and Friday July 6th, 2018 at the St George Hospital Auditorium

Day 1: Comprehensive Conservative Care for patients with Stage 5 Chronic Kidney Disease

TIME	PROGRAM OUTLINE <i>Thursday 5th July</i>	SPEAKER
0930-1000	Registration	
1000-1010	Welcome, Opening Address & Acknowledgement of Country	<i>Elizabeth Josland Samantha Knight-Gifford AHLO SESLHD</i>
1010-1030	Setting the Scene. The modern era of conservative care	<i>Prof Mark Brown MBBS, FRACP Renal Consultant, Department of Renal Medicine, St George Hospital; Professor of Medicine, UNSW</i>
1030-1100 1100-1130	Shared Decision Making – Initiation and Withdrawal of Dialysis	<i>Dr John Obeid Geriatrician and Linda Sheehan </i>
1145-1245	Communication (1 hour)	<i>Dr Amy Waters Palliative Care Physician, St George Hospital Linda Magann Palliative Care CNC, St George Hospital Dr Gowri Raman Renal Supportive Care Fellow</i>
1240-1315	Lunch	
1315-1345	Interventions to delay progression of kidney disease and minimize risk of adverse events or complications	<i>A/Prof Ivor Katz Nephrologist St George Hospital</i>
1345-1415	Health Literacy	<i>Jessica Stevenson Renal Supportive Care Dietitian, St George Hospital</i>
1415-1445	Advance care planning within conservative care	<i>Dr Frank Brennan Palliative Care Physician, St George Hospital</i>
1445-1515	Afternoon Tea – Quick Break	
1515-1600	Cultural and Spiritual domains of care	<i>Mary Ashton Pastoral Care, Calvary Hospital</i>
1600-1630	Questions and Conclusion	

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Day 2: Comprehensive Conservative Care for patients with Stage 5 Chronic Kidney Disease

TIME	PROGRAM OUTLINE <i>Friday 6th July</i>	SPEAKER
0830-0900	Registration	
0900-0910	Welcome, Opening Address & Acknowledgement of Country	<i>Elizabeth Josland</i> <i>Samantha Knight-Gifford</i> AHLO SESLHD
0910-1010	Symptom Management. Non-malignant pain	<i>Dr Anica Vasic</i> Pain Medicine Specialists, St George Hospital. <i>Dr Peter Cox</i> Pain Medicine Specialists, St George Hospital.
1010 - 1045	Conservative Management and Psychiatric Care	<i>Dr Kirsty Morris</i> Psychiatrist Royal Prince Alfred Hospital, Sydney
1045-1115	Morning Tea	
1115-1215	Symptom Management	<i>Dr Frank Brennan</i> MBBS, FRACP, FACHPM, LLB Palliative Care Physician, St George Hospital Renal Supportive Care
1215-1245	Management of Nutrition Impact Symptoms	<i>Ann-Maree Randall</i> , Renal Dietitian, Renal Supportive Care, Nepean Hospital
1245-1315	Lunch	
1315-1415	Interface of RSC and Palliative Care (Series of short talks from geriatrics, renal, community palliative care)	<i>Alison Smyth</i> RSC CNC St George Hospital <i>Dr Aneesha Gill</i> Aged Care Consultant St George and <i>Mary Kearns</i> Nurse Practitioner Geriatric Flying Squad, St George Hospital <i>Joshua Cohen</i> Nurse Practitioner Calvary Hospital
1415-1445	Care of the dying in end stage kidney disease.	<i>Elizabeth Josland</i> Dip Nursing, MPH Renal Supportive Care CNC, St George Hospital
1445-1515	Social and family support	<i>Presented by: Hannah Burgess</i> B. Social Work, UON Renal Supportive Care Social Worker, St George Hospital <i>co-author: Dragana Zekanovic</i>
1515-1540	Afternoon Tea	
1540-1620	Comprehensive conservative care does not include dialysis – Q and A panel with audience participation.	<i>Chaired by Dr Frank Brennan</i> <i>*Panel to include nephrologist, nurse, allied health, palliative care</i>
1620-1630	Summation	

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Speaker Biographies

Professor Mark A. Brown

Professor Brown is a Renal and Obstetric Medicine Physician at St George Hospital and Professor of Renal Medicine at the University of New South Wales, Sydney Australia. His clinical expertise includes, general nephrology with specific interests in the fields of obstetric medicine, renal palliative care and hypertension, including hypertension in pregnancy. Research domains have centred on scientific and clinical studies concerning hypertension and renal disease in pregnancy and more recently renal supportive care, with publication of several book chapters and over 200 peer review papers. Professor Brown is currently the Medical Director, Division of Medicine, St George Hospital, Sydney, Australia, and Chairman of the ACI Renal Supportive Care Committee.

Dr Frank Brennan

Dr Frank Brennan is a palliative care physician based at Calvary, St George and Sutherland Hospitals. He has an interest in all aspects of palliative care including care of patients with non-malignant disease. He has written narratives drawn from his work that have been published and broadcast on ABC radio. Dr Brennan is also a lawyer and has written on the human rights dimensions of pain management and palliative care.

Elizabeth Josland

Elizabeth is a Renal Supportive Care Clinical Nurse Consultant at St George Hospital. She has been involved with the supportive care service since its inception in 2005. Supportive care has been a unique opportunity to combine both palliative and renal to provide non-malignant care for end stage kidney disease clients throughout the trajectory of their illness.

Jessica Stevenson

Jess is currently working as the Renal Supportive Care Dietitian at St George Hospital. She has worked as a Specialist Renal Dietitian for the past 6 years, both in Australia and in the UK and has experience with patients across all stages of CKD. She has been on the ACI Renal Supportive Care working party since its conception in 2013.

Hannah Burgess

Hannah is a Renal Supportive Care Social Worker at St George Hospital, Sydney. Her role provides mentoring and support to other units implementing their own Renal Supportive Care programs. Hannah is a member of the ACI Renal Supportive Care Working Party, the Palliative Care Social Workers of NSW Special Interest Group, and co-chairs the Renal Social Workers of NSW Special Interest Group. Hannah is co-author of articles on the Renal Memorial Service, the Scope of Renal Social Workers across Australia, and Informed Consent in the renal context.

Professor Ivor Katz

Prof Katz is a senior staff specialist and nephrologist at St George Hospital Renal Department in Sydney and a Conjoint Associate Professor at the University of UNSW. His research interests and PhD were and remain in public health and chronic kidney disease (CKD). Ivor has a particular interest in detecting people with high risk kidney and cardiovascular disease (CVD) and then linking specialists with primary care clinicians for the management of these diseases. Ivor currently participates on the Primary Care Education Advisory committee for Kidney (PEAK) disease which is part of the Kidney Health Australia initiative to educate primary care clinicians and advise on early detection and management of CKD. I am also a member of the Chronic Disease Integrated Care Group working through the St George Hospital with community organisations and GPs.

Website for presentation downloads once available

<https://stgrenal.org.au/renal-supportive-care>

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